

**OTS 206 DRILL
LESSON PLAN 4**

BASIC STANDING DRILL

2 periods

Introduction

Learning these movements is essential for a division mustered on the deck. These movements will be used on a frequent basis.

The Left Turn at the Halt – “Squad, Left – TURN”

a) purpose– used to turn a cadet 90° to the left

This order is broken into 2 movements.

b) 1st Movement

- maintain the position of attention with the upper body;
- keep your arms at your side with both knees braced; and
- pivot to the left 90° on the left heel and the right toe

c) 2nd Movement

- bend your right knee and assume the position of attention.

d) Timing – when the 2 movements are combined, the timing for the left turn is “1...2...3...1”

The Right Turn at the Halt – “Squad, Right – TURN”

The right turn is performed in the same manner as the left turn, except for the following:

- pivot on the right heel and left toe to turn 90° to the right; and
- bend your left knee and assume the position of attention

The About Turn at the Halt – “Squad, About – TURN”

a) purpose - used to turn a cadet 180°, always to the right.

This order is broken into 2 movements

b) 1st Movement

- maintain the position of attention with the upper body;
- keep your arms at your side with both knees braced; and
- pivot to the right 180° on the right heel and the left toe

c) 2nd Movement

- bend your left knee and assume the position of attention.

d) Timing – when the 2 movements are combined, the timing for the left turn is “1...2...3...1”

Saluting – “Squad, to the front – SALUTE”

a) purpose – the movement is used when:

- passing an officer;
- before and after speaking with an officer;
- when the Canadian Flag is being raised or lowered (Colours and Sunset); and
- during the playing of the National Anthem.

This order is broken into 2 movements

b) 1st Movement

- bend the right elbow and open the palm of the right hand;
- force the right hand up to the outside of the right eyebrow by the shortest route (straight up);
- straighten the thumb and fingers of the right hand so that the second finger touches the corner of the eyebrow;
- keep the hand, wrist, and forearm in a straight line; and
- keep the upper arm parallel to the deck

c) 2nd Movement

- cut the right arm back down to your side and assume the position of attention.

d) Timing – when the movements are done in sequence, the standard pause is counted. The timing for this movement is “up...2...3...down”.

NOTE: The order to “DIS – MISS” combines the right turn, and possibly the salute (if a superior officer is on parade). These movements are separated by a standard pause.

Conclusion

Turns at the halt can be tricky if you don't concentrate on your balance, especially for the About Turn. These movements will require practice in order to perform the movement properly.