



**NAVY LEAGUE**  **LIGUE NAVALE**  
*A New Wave Of Adventure!* *Une mer d'aventure!*

## **NAVY LEAGUE CADET OFFICER TRAINING**

Acting Sub-lieutenant Qualification

**LEADERSHIP 1  
MORALE AND ESPRIT-DE-CORPS**

## **INTRODUCTION**

At the end of this module you will have a good understanding of the effects of morale and how to maintain esprit-de-corps.

## **RATIONALE**

The level of morale and/or esprit-de-corps in any organized unit will affect the overall performance of that unit. You as a leader must try to keep this level as high as possible.

## **PREREQUISITE**

Midshipman Qualification Course

## **LEARNING ACTIVITIES**

Study printed material  
Attend Officers Rank Qualification Course  
Self-help test

## **RESOURCES**

Module  
Instructor  
Self-help test

## **MORALE**

Definition: mental state; especially as regards courage, confidence and discipline.

## **ESPRIT-DE-CORPS**

Definition: The sense of being identified as a distinct group displaying pride, uniqueness and tradition.

## **EFFECTS OF GOOD MORALE**

\*\* Consciousness of well being:  
~ Feels good about coming to cadets  
~ Lets others know about what they like

ie. encourages others to attend

- \*\* Cooperation:
  - ~ Works well with the Officers
  - ~ Works well with the other cadets

\*\* High unit standards

\*\* High productivity

### **EFFECTS OF BAD MORALE**

- \*\* Depression:
  - ~ Poor attendance
  - ~ Poor uniform turn out

- \*\* Reluctance to achieve
  - ~ Becomes a passenger
  - ~ What is done is not up to standards

\*\* Low productivity

- \*\* Lack of cooperation
  - ~ Loss of marks of respect
  - ~ Discipline problems
  - ~ No team work

### **CONCEPTS OF MORALE**

- \*\* Living conditions
  - ~ Nice surroundings vs. dirty surroundings
  - ~ Light condition vs. dark
  - ~ Organized conditions

- \*\* Climate in which work is to be done
  - ~ Cold, rain and snow
  - ~ Hot, warm and sunny
  - ~ Clothing in relationship to above

- \*\* Type of work to be done
  - ~ Outside vs. inside
  - ~ Dirty vs. clean work
  - ~ Balancing work and play

- \*\* Styles that are used by the leader
  - ~ Boss, educator and persuader
  - ~ Rewards for jobs well done

## **ESPRIT-DE-CORPS**

### **CONCEPTS**

When the morale of a corps is high, the esprit-de-corps will fall into place. If the morale is low, there will be no framework for esprit-de-corps.

ESPRIT-DE-CORPS will give you:

- ~ Tight group
- ~ Work well together
- ~ High group achievements
- ~ High group initiative
- ~ Trust among cadets and cadets to Officer
- ~ More members

### **SUMMARY**

Overall performance can be improved if an officer is AWARE OF THE MORALE AND ESPRIT-DE-CORPS levels with his/her division or corps and have the knowledge to improve that level if needed.

This is a short module but important at your corps level. It is required that you come prepared with input to the lecture. It is very important and helpful to others.

## **SELF- HELP TEST**

COMPLETE THIS BEFORE ATTENDING THE OFFICER RANK QUALIFICATION COURSE AND BE PREPARED TO HAND IT IN.

1) Explain morale.

2) Explain esprit-de-corps

3) Name three concepts that will affect morale.